

September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
28 No School	29 Breakfast: Pancakes & Syrup or Cereal, Yogurt or Cheese, Juice, Fruit, Milk Lunch: Corn dog, Green Beans, Tater Tots, Tropical Fruit, Peaches, Snickerdoodle, Milk	30 Breakfast: Egg W/ Biscuit or Cereal, Yogurt or String cheese, Juice, Fruit, Milk Lunch: Turkey & Cheese Sub, Corn, Garden Salad, Grapes, Banana, Milk	31 Breakfast: Breakfast Pizza or Cereal, Yogurt or String Cheese, Juice, Fruit, Milk Lunch: Chicken Quesadilla, *Tortilla Chips, * Black Bean Salsa, Broccoli Florets, Baby Carrots, Pears, Oranges, Milk	1 Breakfast: Pancake-on-a Stick or Cereal, yogurt or String Cheese, Fruit, Juice, Milk Lunch: Pork Rib-on-a-Bun., Leaf Lettuce & Tomato Slice, Potato Puff, Applesauce, Pineapple, Milk
4 Happy Labor Day	5 Breakfast: Biscuit & Gravy Or Cereal, Juice, Fruit, Milk Lunch: Chili, * Tortilla Chips, Red Bell Peppers, Cucumber, Cinnamon Roll, Banana, Pears, Milk	6 Breakfast: Pancakes Or Cereal, Yogurt Or String Cheese, Juice, Fruit, Milk Lunch: Chicken Nuggets w/w Roll, Mashed Potatoes & Gravy, Salad, Peaches, Mixed Fruit, Milk	7 Breakfast: French Toast Sticks Or Cereal, Juice, Fruit, Milk Lunch: Grilled Chicken Sandwich, Sweet Potatoes, Green Beans, Pears, Grapes, Milk * Apple Crisp	8 Breakfast: Breakfast Pizza or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Pepperoni Pizza, Baked Beans, Baby carrots, Mandarin Oranges, Applesauce, Milk
11 No School	12 Breakfast: Cinnamon Roll or Cereal, Yogurt or String Cheese, Juice, Fruit, Milk Lunch: Popcorn Chicken, Broccoli, Cherry Tomatoes, Pears, Kiwi, Milk, * W/W Roll	13 Breakfast: Pancakes w/ syrup or Cereal, Yogurt Or String Cheese, Juice, Fruit, Milk Lunch: Taco Burger-on-a-Bun, Salsa, Salad, Refried Beans, Mandarin oranges,, Tropical Fruit, Milk , ** Tortilla Chips	14 Breakfast: Egg w/ Biscuit Or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Lasagna, Garlic Bread Stick w/ Marinara, Salad, Baby Carrots, Chocolate Chip Cookie, Grapes, Apple, Milk	15 Breakfast: Breakfast Pizza or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Chicken Patty, W/W Roll, Mashed Potatoes & Gravy, Celery Pineapple, Applesauce, Milk
18 No School	19 Breakfast: Sausage Biscuit or Cereal , Yogurt Or String Cheese, Fruit, Milk Lunch: Chicken Crispito, Lettuce, Refried Beans, Salsa, Banana, Pineapple, Milk	20 Breakfast: Pancake-on-a- Stick or Cereal, Yogurt Or String Cheese, Juice, Fruit, Milk Lunch: Grilled Chicken Sandwich, Corn, Salad, Applesauce, Kiwi, Milk	21 Breakfast: French Toast Sticks Or Cereal, Yogurt or String Cheese, Juice, Fruit, Milk Lunch: Pulled Pork Sandwich, Cole Slaw, Baked Beans, Grapes, Peaches, Milk	22 Breakfast: Biscuit & Gravy or Cereal, Yogurt Or String Cheese, Juice, Fruit, Milk Lunch: Cheese Pizza, Carrots, Floret Broccoli, Mandarin Oranges, Pears, Milk, ** Cherry Crisp
25 No School	26 Breakfast: Pancake Or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Chicken Tetrazzini, Garlic Bread, Salad, Cucumber, Baby Carrots, Banana, Peaches, Milk	27 Breakfast: Sausage Biscuit or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Pancakes, Sausage Patty, Hash Brown Patty, Green Beans, Tropical Fruit, Mandarin Oranges, Milk	28 Breakfast: Pizza Or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Chicken Drumstick W/ Savory Rice & Oatmeal Roll, Broccoli, Cherry Tomatoes, Pineapple, Grapes, Milk	29 Breakfast: Biscuit & Gravy or Cereal, Yogurt Or String Cheese, Fruit, Juice, Milk Lunch: Sloppy Joe-on-a-Bun, Red Potatoes, Split Peas, Apple Slices, Mixed Fruit, Milk